

Costa Firenze **Denmark, Norway, Germany** 12 August, Copenhagen

ITINERARY



DATE	PORT	ARRIVAL	DEPARTURE
12/08	Copenhagen	-	1730
13/08	CRUISING	-	_
14/08	Flam	0800	1800
15/08	Bergen	0900	1900
16/08	Stavanger	0800	1800
17/08	CRUISING	_	_
18/08	Kiel	0800	1930
19/08	Copenhagen	1000	_
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The sales prices indicated here are valid for 30 days from the date mentioned on the document (indicated on the lower right).

AVAILABLE EXCURSIONS

Flam - 14/08/2023

00GF FJORD SAFARI RIB TOUR, Adult price EUR 129.00 - Child price EUR 90.30

0020 DISCOVER THE MARVELLOUS NORWAY: HIKE AND TRAIN, Adult price EUR 175.00 - Child price EUR 122.50

01XT PANORAMIC TOUR OF THE STEGASTEIN VIEWPOINT, Adult price EUR 69.00 - Child price EUR 48.30

01XU KAYAK ADVENTURE IN FAIRY-TALE SCENARIOS, Adult price EUR 170.00 - Child price EUR 119.00

02TF MARVELLOUS TVINDE WATERFALL AND THE SECRETS OF THE VIKING CIVILIZATION, Adult price EUR 90.00 - Child price

2350 NÆRØYFJORD BOAT TRIP AND STALHEIM, Adult price EUR 120.00 - Child price EUR 84.00

2351 AURLAND VALLEY AND ØSTERBØ, Adult price EUR 115.00 - Child price EUR 80.50

2356 FLÅM, VOSS AND STALHEIM, Adult price EUR 210.00 - Child price EUR 147.00

2357 STALHEIM AND UNDREDAL, Adult price EUR 110.00 - Child price EUR 77.00

2358 LAKE TYIN, THE VALLEY OF LAERDAL AND ITS MEDIEVAL CHURCH, Adult price EUR 205.00 - Child price EUR 143.50

2359 TRAVEL LIKE A NORWEGIAN BY TRAIN AND BY BIKE, Adult price EUR 220.00 - Child price EUR 154.00

Bergen - 15/08/2023

02SR ØYGARDEN: ON THE NORTHERN SALMON ROUTE, Adult price EUR 119.00 - Child price EUR 83.30

02SU BERGEN BY MOTORBOAT: A THRILLING TOUR, Adult price EUR 115.00 - Child price EUR 80.50

039G NORDIC WALKING IN BERGEN, Adult price EUR 60.00 - Child price EUR 42.00

039H BERGEN BY BIKE, Adult price EUR 79.00 - Child price EUR 55.30

039I DISCOVER BERGEN ON SMALL ELECTRIC BUSES, Adult price EUR 70.00 - Child price EUR 49.00

2311 PANORAMIC TOUR OF BERGEN, Adult price EUR 55.00 - Child price EUR 38.50

2312 BERGEN ON YOUR OWN, Adult price EUR 60.00 - Child price EUR 42.00

2313 PANORAMIC TOUR OF HARDANGERFJORD, Adult price EUR 205.00 - Child price EUR 143.50

2892 SIGHTSEEING TOUR OF BERGEN AND SCENIC FUNICULAR RIDE, Adult price EUR 95.00 - Child price EUR 66.50

2895 FUNICULAR RIDE AND HIKING ON MOUNT FLØIEN, Adult price EUR 70.00 - Child price EUR 49.00

Stavanger - 16/08/2023

03Q8 LYSEFJORD: NATURAL MARVELS OF LAND AND WATER, Adult price EUR 170.00 - Child price EUR 119.00

03WT, Adult price EUR 65.00 - Child price EUR 45.50

03WU, Adult price EUR 69.00 - Child price EUR 48.30

03WV, Adult price EUR 93.00 - Child price EUR 65.10

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02FE UNIQUE PERSPECTIVES FROM THE WATERS OF THE LYSEFJORD, Adult price EUR 165.00 - Child price EUR 165.00

2490 ADVENTURE ON THE PREIKESTOLEN, THE 'PULPIT' ROCK HIGH ABOVE THE FJORDS, Adult price EUR 195.00 - Child price

2491 TOUR OF STAVANGER AND SURROUNDINGS, Adult price EUR 89.00 - Child price EUR 62.30

2493 BOAT TRIP ON LYSEFJORD, Adult price EUR 110.00 - Child price EUR 77.00

2494 STAVANGER: NATURE, HISTORY AND FLAVOURS, Adult price EUR 110.00 - Child price EUR 77.00

2497 WALKING TOUR OF STAVANGER, Adult price EUR 55.00 - Child price EUR 38.50

2644 HELICOPTER ADVENTURE OVER THE LYSEFJORD, Adult price EUR 390.00 - Child price EUR 390.00

Kiel - 18/08/2023

0120 LUBECK, THE BALTIC JEWEL, Adult price EUR 85.00 - Child price EUR 59.50

012P DISCOVERING HAMBURG, Adult price EUR 85.00 - Child price EUR 59.50

01J7 KIEL: A STROLL WITH THE FLAVORS OF THE SEA, Adult price EUR 59.00 - Child price EUR 41.30

2850 PANORAMIC TOUR OF KIEL AND HISTORIC LANDMARK IN LABOE (ending at the airport), Adult price EUR 65.00 - Child

2856 PANORAMIC TOUR OF HAMBURG (ending at the airport), Adult price EUR 65.00 - Child price EUR 45.50

Copenhagen - 19/08/2023

03P8 COPENHAGEN: FEET ON THE GROUND, EYES ON THE WATER, Adult price EUR 49.00 - Child price EUR 34.30

038K TOUR OF TWO KINGDOMS - DENMARK AND SWEDEN, Adult price EUR 109.00 - Child price EUR 76.30

038L COPENHAGEN AND THE CHARMING CITY OF HELSINGØR, Adult price EUR 85.00 - Child price EUR 59.50

038N OPENAGHEN, THE VIKINGS AND ROSKILDE CATHEDRAL, Adult price EUR 109.00 - Child price EUR 76.30

0380 HELSINGØR AND HAMLETS CASTLE, Adult price EUR 105.00 - Child price EUR 73.50

OIGH THE LESSER KNOWN CORNERS OF COPENHAGEN: ON FOOT AND BY BOAT, Adult price EUR 49.00 - Child price EUR

01GI THE BEST OF COPENHAGEN, Adult price EUR 145.00 - Child price EUR 101.50

02SD BEAUTIFUL COPENHAGEN AND THE PICTURESQUE TOWN OF DRAGØR (ends at the airport), Adult price EUR 60.00 -

2701 COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES (ends at the airport), Adult price EUR 65.00 - Child

2704 COPENHAGEN EXPRESS: ALL THE KEY SIGHTS (ends at the airport), Adult price EUR 55.00 - Child price EUR 38.50

2706 COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES, Adult price EUR 65.00 - Child price EUR 45.50

2707 SPECIAL SOUVENIRS FROM COPENHAGEN, Adult price EUR 49.00 - Child price EUR 34.30

2708 COPENHAGEN: EXPLORING THE CANALS OF COPENHAGEN BY BOAT, Adult price EUR 75.00 - Child price EUR 52.50

2811 THE WONDERS OF COPENHAGEN, Adult price EUR 79.00 - Child price EUR 55.30



Flam FJORD SAFARI RIB TOUR

In a nutshell Main stops

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00GF	2 Hours approximately	Moderate	EUR 129.00	EUR 90.30
Туре				

Flam

DISCOVER THE MARVELLOUS NORWAY: HIKE AND TRAIN

In a nutshell

Amid snowy mountains and deep gorges: a unique opportunity to immerse yourself in Norway's spectacular landscapes aboard the famous Flåm Railway before discovering the beauty of nature on foot.

Main stops

- Flåm
- Flåm Railway
- Spectacular landscapes
- Vatnahalsen
- Blomheller or Berekvam

The programme

- We will set off from **Flåm**, a village with 450 inhabitants that takes its name from the ancient Norwegian word *flå*, which means 'plain' and refers to the flood plains of the River Flåm.
- The **Flåm Railway**, or Flåmsbana, is one of the world's steepest railways: 80% of its length has a gradient of 5.5%. We will admire spectacular sights, steep mountains and thundering waterfalls as we pass through 20 tunnels, captivated by the variety of the landscapes. National Geographic has named the Flåmsbana one of the world's ten most picturesque train rides, while Lonely Planet described it as the most beautiful of all in 2014.
- On arrival at **Vatnahalsen** (Aurland Valley) station, we will begin our walk up river towards **Blomheller** (approx. 7 km) or Berekvam (approx 9 km). As we walk, we will literally be surrounded by

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the wonderful natural paradise of the fjords.

• As soon as we arrive in Blomheller (or Berekvam), we will board a train back to the port of Flåm.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
00Z0	4 Hours approximately	Hard	EUR 175.00	EUR 122.50
Туре				

Flam

PANORAMIC TOUR OF THE STEGASTEIN VIEWPOINT

In a nutshell Main stops

The programme

INFORMATIONS

Code	Duration L	Level	Adult price	Child price
OIXT	2 Hours approximately	Easy	EUR 69.00	EUR 48.30
Туре				

Flam

KAYAK ADVENTURE IN FAIRY-TALE SCENARIOS

In a nutshell Main stops

The programme

INFORMATIONS

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Code	Duration	Level	Adult price	Child price	
OIXU	5 Hours approximately	Hard	EUR 170.00	EUR 119.00	
Туре					

Basket Lunch

Flam

MARVELLOUS TVINDE WATERFALL AND THE SECRETS OF THE VIKING CIVILIZATION

In a nutshell

An unforgettable itinerary through the lush scenery of the Nærøy valley among waterfalls, enchanting views and thrilling roads to discover a unique place where nature shows itself in all its glory and a unique community evokes the origin of Viking culture.

Main stops

INFORMATIONS

Code	Duration	Level	Adult price	Child price
02TF	4 Hours approximately	Moderate	EUR 90.00	EUR 63.00
Туре				

Flam

NÆRØYFJORD BOAT TRIP AND STALHEIM

In a nutshell

A thrilling trip that takes us along the Nærøyfjord by boat, through the picturesque villages of Gudvangen and Stalheim, where time seems to stand still, then into the surrounding steep mountains up which the breathtaking roads struggle to climb. An adventure not to be missed!

Main stops

- Aurlandsfjord and Nærøyfjord
- Village of Gudvangen
- Valley of Nærøy

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The programme

- We will leave from Flåm, on one of the inner branches of the Sognefjord (which, extending more than 200 km inland, is the longest fjord in Norway), and travel the inner edge of the **Aurlandsfjord** by boat. The word 'fjord' is of Norwegian origin and indicates a marine cove of glacial origin that is usually narrow, with steep shorelines that extend below sea level.
- We will then continue along the **Nærøyfjord** which, due to its geological features and the incomparable beauty of its natural landscape, was made a UNESCO World Heritage Site in 2005. We will move slowly on across the fjord, which is 17 km in length and roughly 500 m deep, and surrounded by the steep slopes of the mountains (up to 1400 metres), passing waterfalls and navigating narrow sections (the narrowest measures 250 metres).
- Having reached the edge of the fjord, we will disembark in the small **village of Gudvangen**, where we will board a coach.
- After a stop to admire the view of the wide valley below, we will return to Flåm, retracing the Nærøy valley and crossing a long series of tunnels.
- Places on this excursion are limited. We recommend booking early.
- This excursion is not recommended for guests who suffer from seasickness or guests with mobility problems.
- The boat has seats inside and outside; in the event of inclement weather, you are advised to bring a raincoat and wear appropriate clothing.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2350	4 Hours approximately	Easy	EUR 120.00	EUR 84.00
Туре				

Flam AURLAND VALLEY AND ØSTERBØ

In a nutshell

A fantastic tour through one of Norway's most beautiful valleys, the Aurlandsdalen, known as the 'Norwegian Grand Canyon' due to its natural landscapes. It is impossible not to be impressed by its fjords and mountains.

Main stops

• Aurland: Gothic church

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- Lake and village of Vassbygda: power lines
- Laavisdal
- Valley of Stonndalen
- Valley of Aurland
- Østerbø: farm and refreshments

The programme

- We will start our coach tour by leaving the port at Flåm and skirting the fjords all the way to **Aurland**, a typical coastal town with a wonderful stone **Gothic church** from the 13th century, with windows painted by Norwegian artist Emanuel Vigeland.
- From Aurland we climb the river of the same name known for its abundance of salmon and, having passed the **Vassbygda lake**, we reach the **village** of the same name. Hydroelectric power is produced here, as you might deduct from the many **power lines**. The generators are located inside the mountain.
- The road that takes us even higher, up to **Laavisdal**, comprises hairpin bends and tunnels, giving us a magnificent view of Vassbygda and the region of Aurland.
- We climb further, to **Stonndalen**, a spectacular wide mountain valley typical of western Norway.
- Finally we will reach the **Aurland valley** which, with its breathtaking natural landscape, is known as the 'Norwegian Grand Canyon' and is one of the country's most famous tourist routes. The valley, from Geiteryggen to Vassbygdi, is roughly 40 km in length and varies between 50 and 1660 metres above sea level. Along the way, we will admire the spectacular scenery, which is rich in flora and fauna.
- We will cross the valley to **Østerbø**, a small farm that was inhabited until the end of the 1920s. During the winter, a season that could last from six to eight months in this region, the **farm** was totally cut off from the rest of the world.
- At Østerbø we will enjoy refreshments, before taking the same road back to Flåm.
- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration Le	vel	Adult price	Child price	
2351	3 Hours approximately	Easy	EUR 115.00	EUR 80.50	
Туре					
	Tasting				

Flam



FLÅM, VOSS AND STALHEIM

In a nutshell

An unforgettable train tour through the villages of Flåm, Voss and Stalheim, crossing the wild and untouched landscape of fjords, lakes and valleys to admire the spectacular Norwegian scenery from a truly unique perspective.

Main stops

- Flåm, Kjosfossen waterfall, Myrdal
- Gravhalsen Tunnel, Raundalen valley, Lake Vangs
- Voss, the Tvinde waterfall, Oppheim lake
- Stalheim, Nærøy river

The programme

- We depart by train from the picturesque village of Flåm, at the tip of the Aurlandsfjord, and begin
 one of the most thrilling and spectacular tours of Norway. The train will slowly take us through some
 evocative scenery, stopping close to the marvellous Kjosfossen waterfall roughly 220 metres high
 and giving us chance to take some photos.
- After a 45-minute trip, during which we will experience an altitude change of 800 metres, we reach the station of **Myrdal**, located on the main Oslo-Bergen line.
- At Myrdal station we will take another train, through the Gravhalsen tunnel and down towards the
 Raundalen valley, to Voss. Immersed in breathtaking surroundings close to Lake Vangs, Voss is a
 renowned all-year-round tourist destination. Its position and the many activities that one can enjoy
 (rafting, paragliding, etc.) have given it a reputation, internationally, as Norway's adventure capital.
- Leaving the train, we will continue on by coach to the **Tvinde waterfall** that drops down the side of the mountain; we will then reach the **Oppheim Lake** before continuing on to **Stalheim**. Between 1647 and 1909, the village of Stalheim was a resting place for travellers taking the Royal Postal Road between Copenhagen, Christiania (Oslo) and Bergen. In 1780, a road for horses and carriages was constructed and Stalheim became the resting place for postmen who would rest and change their horses after climbing the valley.
- As we return to the ship, we travel alongside the salmon-rich Nærøy river, crossing two long tunnels.
- Places on this excursion are limited. We recommend booking early.
- This excursion is not recommended for guests with mobility problems.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
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2356 6 1/2 Hours Moderate EUR 210.00 EUR 147.00

Туре

Flam STALHEIM AND UNDREDAL

In a nutshell

An exciting tour in the Nærøyfjord, between the picturesque villages of Stalheim and Undredal, where time seems to stand still, and the surrounding steep mountains on which thrilling roads climb. An adventure not to be missed!

Main stops

- Gudvangen and Nærøyfjord
- Nærøy valley and river
- Village of Stalheim and Stalheim Hotel photo break

approximately

• Undredal village

The programme

- We leave from the picturesque village of Flåm, at the tip of the Aurlandsfjord, and head for the other side of the mountain and the Viking village of Gudvangen, which is located at the tip of the Nærøyfjord. This fjord, roughly 17 km in length, is part of the larger Sognefjord and is considered to be the most spectacular branch of this fjord. The Nærøyfjord is also the world's narrowest fjord. At one point it measures only 250 m and is surrounded by 1800 m high mountains that loom over its tranquil waters. In 2005 it was made a UNESCO World Heritage Site along with Geirangerfjord, together with which it was also elected by National Geographic as the world's most significant natural heritage site.
- After taking a photo break, we will continue along the Nærøy valley, following the salmon-rich river of the same name, and pushing on to Stalheim on the side of the mountain. Between 1647 and 1909, the village of Stalheim was a resting place for travellers taking the Royal Postal Road between Copenhagen, Christiania (Oslo) and Bergen. In 1780, a road for horses and carriages was constructed and Stalheim became the resting place for postmen who would rest and change their horses after climbing the valley. From Stalheim we can enjoy a breathtaking view of the Næroy valley and the surrounding mountain range. We will stop at the Stalheim Hotel to take a photo break.
- Before returning to Flåm, we will visit the splendid **village of Undredal**, renowned for its long tradition of producing goats cheese, both fresh and mature. Undredal has a population of 80 and boasts

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Scandinavia's smallest wooden church.

- Places on this excursion are limited. We recommend booking early.
- In the event of adverse weather conditions the Stalheimskleiva road may be closed. In this case the tunnel road will be used in both directions.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
2357	2 1/2 Hours approximately	Easy	EUR 110.00	EUR 77.00	
Туре					
	Tasting				

Flam

LAKE TYIN, THE VALLEY OF LAERDAL AND ITS MEDIEVAL CHURCH

In a nutshell

• Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2358	7 1/2 Hours approximately	Easy	EUR 205.00	EUR 143.50
Туре				

Flam

TRAVEL LIKE A NORWEGIAN BY TRAIN AND BY BIKE

In a nutshell

A journey within a journey. In **Norway**, train and bike are two indispensable means of transport, and today, you and your **small group** will gain a better understanding of their special **connection** with **Norse culture** and **nature**. First on the **Flåmsbana**, a **historic railway and miracle of engineering**, and then cycling between the **waterfalls** and through the **forest**. Watch out - if you already love Norway, **you may never want to go home!**

Main stops

• Flåmsbana: the Flåm railway line to Myrdal station

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- Kjosfossen waterfall: short stop
- Panoramic bike ride back to Flåm

The programme

- The **Flåmsbana** is one of the most **spectacular** historical railways in the world: the tracks climb over four hills of different altitudes to **Myrdal**, which is 876 meters above sea level. **Your guide** will explain the history of its construction. Do they know everything? Sure they've lived here for 15 years.
- On the ascent, the fjord will seem bottomless, and your ears will pop: the difference in altitude is 900 meters! You're so high it seems a bit like magic.
- And of course, there's a Norwegian legend associated with this place too: on the train, you will hear the story of the 'huldra', the nymph who seduces men with her singing.
- After the darkness of the **Nåli** tunnel, the train will come to a halt, with fairytale views of the valley. Shortly afterwards, you will drop back down for an **enchanted encounter**. With whom? No spoilers!
- When you think you've already seen it all, in **Berekvam** you'll get back on your **bike** and retrace your route to Flåm from a new perspective, still in the midst of nature.
- The waterfalls are now even higher, the villages more isolated, the rocks of the fjord steeper. After a day like this, it's impossible not to feel just a little Norwegian.
- Wear appropriate clothing for the trail, without forgetting a windproof jacket and sports shoes, ideally waterproof.
- Helmets and bicycles are provided by the local agency.
- Minimum age: 12 years.
- Maximum weight: 120kg.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2359	3 1/2 Hours approximately	Hard	EUR 220.00	EUR 154.00
Туре				

Bergen

ØYGARDEN: ON THE NORTHERN SALMON ROUTE

In a nutshell

Find out everything you still have to learn about **Norwegian salmon** in **Øygarden**, where its truly king, in tradition and on the table. See local fishing history on the big screen at the **Coastal Museum**, take **a dinghy** out to an **open-sea salmon farm**, and then savor the treasures of the sea like a local: **freshly**

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caught or cooked in a traditional soup.

Main stops

- Øygarden: Coastal Museum; salmon farm
- Local salmon tasting and lunch with typical Bergen fish soup

The programme

- Together with your **guide**, you**N** discover all about the **fishing tradition of the Bergen area** and more, where the fish farmed, sold and eaten represent a real institution.
- Follow the tracks of the **T**easure of Norwegian waters tarting from **Øygarden**, a little town on an archipelago. Here, at the **Coastal Museum**, you**1** go over the local coastal history from the stone age to the oil age in a **film**. Guess what: The real star has bright scales, the **northern salmon**!
- Yould find it in the flesh by taking a dinghy to the Øygarden Salmon Center, a modern floating farm where a specialist guide will show you the stages of processing, from egg to packing.
- Everything here is **sustainable** and the fish are farmed as if they were free: husbandry that makes a difference on the table.
- Need proof? Welle reserved a taste of wild Norwegian salmon, freshly caught, for you.
- But that Inot all. We'll take you to the restaurant to taste a traditional local fish soup. It called Fiskesuppe Itake the recipe home!
- Minimum age: 5 years.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
02SR	5 1/2 Hours approximately	Moderate	EUR 119.00	EUR 83.30	
Туре					
				Tasting	

Bergen

BERGEN BY MOTORBOAT: A THRILLING TOUR

In a nutshell

Norways second largest city is the departure and arrival point of an extraordinarily unique experience. The possibility of admiring its beauty from a motorboat offers in fact new perspectives and new emotions that are worth the experience. We admire Bergen from the sea first at a blow paceshear the bustling port of Bergen and then at a faster pace off the coast where the peace of the fjords reigns supreme in an ongoing game of contrasts that contributes to keeping adrenaline levels high. The free

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time available at the end of the tour is an excellent occasion to discover Bergen by strolling around the city streets and around the picturesque district of Bryggen, declared a UNESCO World Heritage Site.

Main stops

- Thrilling RIB (rigid-inflatable boat) excursion
- Visit of Bergen and of Bryggen district, a UNESCO World Heritage Site
- Lively tourist and trading port
- Breathtaking views of the fjords
- High-speed and pure adrenaline
- Free time in the city centre

- The first exciting event on this tour is meeting our skilful captain who, after introducing himself, illustrates the characteristics of our rigid-inflatable boat known as **RIB** and gives the necessary safety instructions as well as handing out the special safety equipment. The time has come to set off for a once-in-a-lifetime experience.
- As we sail along the sea in front of Bergen, the captain shows us the city and its port. It is a
 privileged observation point from where we can appreciate the wharf area in Bryggen, a district
 famous for its colourful wooden façades and declared a UNESCO World Heritage Site. From here, we
 can also observe the seven hills surrounding Bergen and the incessant tourist and trading activities
 in the port.
- The wonder at this marvellous view is followed by the thrill of a motorboat ride to the fjords. The scenery gradually changes offering **breathtaking views** of the coastal islets and islands further off the coast linked to the mainland via majestic suspended bridges.
- The tour then transforms into a shot of **pure adrenaline**: the motor roars and the captain makes us experience new emotions as we speed across the sea. The intensity of this experience remains etched in our memory together with the images of the surrounding scenery.
- Our adventure ends as we **return to the city**, where we have some **free time available** to visit the city at leisure.
- The motorboat tour lasts approximately 45 minutes.
- All participants must wear the equipment provided and must be able to swim.
- We recommend wearing warm clothing.
- This excursion is not recommended for guests with neck or back problems, pregnant women and children under 8.
- Depending on where the ship is berthed, the excursion may include a 15-minute walk from and from the motorboat.



INFORMATIONS

Code	Duration	Level	Adult price	Child price
02SU	1 1/2 Hours approximately	Hard	EUR 115.00	EUR 80.50
Туре				

Bergen NORDIC WALKING IN BERGEN

In a nutshell

An invigorating pleasant walk in the charming city of Bergen according to the *Nordic walking* philosophy, which combines physical activity and observation of the environment among colourful houses perched on the hills, narrow cobbled alleyways and breathtaking views over the fjord surrounded by majestic mountains.

Main stops

- Nordic walking in Bergen between majestic mountains and fascinating fjords
- Sandviken, old district with narrow cobbled alleyways
- Charming views 275 metres above sea level

The programme

- Once off the ship, we reach our guide who briefs us on **Nordic walking**, which uses special walking sticks to which force must be applied with every step. It is a philosophy typical of Northern Europe that combines physical activity and observation of the environment.
- After collecting our sticks, we set off to discover this charming coastal city nicknamed the city of seven mountains due to the peaks that surround it as well as gateway to the fjords. Although it is the second largest city in Norway, it preserves the atmosphere of a provincial city full of charm and character.
- As the guide reveals various anecdotes on Bergen, we walk along the **narrow cobbled alleyways** leading to the various districts including **Sandviken**, one of the oldest parts of the city.
- We are rewarded for reaching the **highest point of the itinerary** located at 275 feet above sea level with enchanting views over the city and the fjord surrounded by majestic mountains.
- With our body and spirit reinvigorated by this thrilling adventure, tour ends in town
- This excursion will be led in English.
- The tour is entirely on foot and includes a walk of 2 hours.

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- We recommend wearing sports shoes.
- You need to be physically fit to take part in this excursion.

INFORMATIONS

Code	Duration Level	Adult price	Child price
039G	2 Hours approximately	Hard EUR 60.00	EUR 42.00

Bergen BERGEN BY BIKE

In a nutshell

Main stops

- · Cycling tour of Bergen
- Medieval cathedral and Grieghallen, a futuristic concert hall
- Colourful Bryggen port, declared a UNESCO World Heritage Site
- · Lively fish market
- Peaceful Nordnes peninsula
- Intriguing architecture in Marken

- We leave the ship behind us for a pleasant bike tour to discover the most evocative corners of the charming city of Bergen, the second largest in Norway yet characterised by a provincial atmosphere full of charm and character.
- We set off and follow our guide around the streets of this coastal city flanked by lovely pastelcoloured houses as far as some of the main sights such as the Medieval cathedral and the
 futuristic Grieghallen, a concert hall that can seat over 1600 people.
- We thus reach the picturesque port with its row of ancient wooden buildings of different colours.*
 Bryggen wharf was declared a UNESCO World Heritage Site and is a testimony to the time when
 Bergen was at the centre of the trading routes between Norway and the rest of Europe.
- A stoned throw away we find the lively **fish market**, which has been supplying the locals since 1276. It is now one of the most visited open-air markets in Norway and also sells fresh fruit and vegetables in addition to handicrafts and souvenirs.
- We then cross the peaceful Nordnes peninsula, with its picturesque white wooden houses, and
 admire the intriguing architecture of the Marken area. At each stop to take photos, the guide
 illustrates anecdotes on the history of this city nestled between fjords and the mountains.
- We then make our way back to the ship after returning our bikes.



- You must be physically fit to take part in this excursion and have experience riding bikes.
- A helmet will be supplied and must be worn.
- Pregnant women are not permitted to take part in this excursion.
- Minimum age: 12 years old.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
039Н	2 1/2 Hours approximately	Hard	EUR 79.00	EUR 55.30
Туре				

Bergen DISCOVER BERGEN ON SMALL ELECTRIC BUSES

In a nutshell

A comfortable charming tour on small electric buses to explore, while fully respecting the environment, the picturesque port of Bergen declared a UNESCO World Heritage Site, the Medieval buildings of this coastal city and its typical streets dotted with colourful wooden buildings as far as a viewpoint to admire the fjord of Bergen in all its splendour.

Main stops

- Tour on small electric buses
- Fortress and Medieval buildings
- Picturesque Bryggen port
- Lively fish market
- Peaceful Nordnes peninsula
- Nøstet residential district

- We leave the ship behind us to board our eco-friendly and comfortable means of transport **small electric buses** take us in fact to discover the main attractions as well as some hidden gems in the coastal city of Bergen.
- Thanks to our guide, we find out that Bergen, which was founded in 1070 AD, was once the capital of Norway and thus boasts numerous historic sites such as the Fortress with its Medieval buildings including the Royal Castle, Håkonshallen and the Rosenkrantz tower.
- Ever since the Middle Ages, the city owed its wealth and importance to fish trade, as testified by the



picturesque port of Bryggen, declared a UNESCO World Heritage Site and boasting colourful wooden houses as well as the **lively fish market**, which has been supplying the locals since 1276.

- Our comfortable electric buses then take us to the **Nordnes peninsula** with its picturesque white wooden houses and where we stop to **take a few photos** in the park of the same name offering magnificent views over the port of Bergen.
- We cross **Nøstet**, one of Bergen's most popular and panoramic residential areas, drive past the **student campus with its botanical garden**.
- Our pleasant excursion of this charming city comes to an end and we return to the ship after getting off the bus.

INFORMATIONS

Code	Duration I	Level	Adult price	Child price
0391	2 Hours approximately	Easy	EUR 70.00	EUR 49.00
Туре				

Bergen PANORAMIC TOUR OF BERGEN

In a nutshell

An exceptional tour exploring Bergen and discovering its main attractions and its history, from the old capital of Norway to today's fascinating and vibrant business centre, which revolves around the old Hanseatic District of Bryggen where you can still experience the atmosphere of the trade and maritime traditions of the past.

Main stops

- Bergen: King Haakon's Hall, Rosenkrantz Tower, Bryggen Wharf District, the Fish Market
- Nordnes Peninsula,
- Øvregaten, St. Mary's church (outside)

The programme

• We leave the port by coach and set off to explore **Bergen**, the second largest city in Norway after the current capital, Oslo. Bergen was founded in 1070 AD. Between the 12th and 13th centuries the city was the capital of Norgesveldet, the Norwegian Empire which included Iceland, Greenland and part of Scotland. Bergen flourished thanks to the export of fish (mostly dried fish) which was the city's main product in the Middle Ages. Even after Oslo became capital in 1299, Bergen continued to

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grow as a business centre, becoming the largest in Norway.

- Our tour begins with some of the city's most important and symbolic landmarks, including King
 Haakon's Hall (Håkonshallen), the imperial residence with adjoining banquet hall built by King
 Håkon Håkonsson between 1247 and 1261, and the Rosenkrantz Tower (Rosenkrantztårnet), built
 around 1560 by the Governor of Bergen Tower, Erik Rosenkrantz, to serve as both as a residence and
 a fortified tower.
- Our tour then continues to the other symbol of the city, the ancient and picturesque wharf district of Bryggen ('bryggen' in Norwegian means 'wharf'), which was built around 1350 by the Hanseatic League. It is the most enchanting neighbourhood of the city and extends along the eastern side of the port of Vågen, with long parallel rows of coloured buildings with sloping roofs (and leaning walls, in many cases), which are built with rough wooden planks on stacked-stone or wooden foundations. In the past, these buildings were used as offices, homes and stores and were used by the German merchants of the Hanseatic League, which enjoyed a trade monopoly with Norway. Today the Bryggen District is listed as a UNESCO World Heritage Site and boasts shops, restaurants, cafés and artisan workshops.
- Passing by the bustling Fish Market (Fisketorget), we head for the Nordnes Peninsula, with its typical 19th-century white wooden houses. The Bergen Aquarium (Akvariet) at the tip of the peninsula, boasts one of the largest collections of marine and freshwater fish and invertebrates in Europe, in addition to seals and penguins; in the tropical section there are crocodiles, snakes, turtles and monkeys.
- As we continue on our way, we enjoy the splendid panorama that opens up on both sides of the port and, before returning to the ship, we cross the Fish Market once again and head for the **Øvregaten**, the oldest street in Bergen.
- Those who wish can stay a little longer at the Fish Market and return to the ship independently.
- The tour is suitable for people with disabilities and those with mobility problems as long as they can board the coach autonomously.
- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration L	.evel	Adult price	Child price
2311	2 Hours approximately	Easy	EUR 55.00	EUR 38.50
Туре				

Bergen BERGEN ON YOUR OWN

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In a nutshell

Main stops

• Free time

The programme

- This tour will take you by foot at your own pace and at your own discretion in Bergen, the second largest city in Norway. You have received a return ticket to the Funicular that will whisk you up to the top of mount Fløien in 5-8 minutes, one of the most popular outdoor areas for the city of Bergen.
- Here you can enjoy the view, buy souvenirs or take a walk through one of the many pathways of the mountain.
- The next stop could be the Fish Market where your voucher includes a fresh salmon or shrimp sandwich. You decide when to leave the ship and what you would like to see. The routes on your city map are only suggestions.
- Feel free to create your day in Bergen according to your wishes.
- This tour is self-guided. Passengers receive a city map with the highlights and suggested routes pointed out, as well as a voucher for a sandwich at the fish market and a return ticket for the Fløibanen funicular.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
2312	4 Hours approximately		EUR 60.00	EUR 42.00	
Туре					
Tasting					*

Bergen PANORAMIC TOUR OF HARDANGERFJORD

In a nutshell

An extraordinary panoramic tour of Hardangerfjord, one of the most famous and spectacular fjords in Norway, on which we drive through picturesque villages and mountains overlooking the sea, to discover the true essence of this country and fully appreciate its wild and unspoiled nature.

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Main stops

- Bergen: Bergenhus Fortress, Håkonshallen, Rosenkrantz Tower, the Hanseatic wharf district of Bryggen and the Fish Market
- Lake Kaland, the village of Os on the Bjornefjord
- Hatvik, Venjaneset
- Mundheim, Hardangerfjord, the Folgefonna Glacier
- Lunch in the village of Øystese or Norheimsund
- Norheimsund, Steinsdal Waterfall, Tokagjel Gorge and Mount Kvamskogen
- Gullbotn, Soerfjord, the Island of Osterøy
- Northern suburbs of Bergen, Sandviken Bay

- We leave Bergen by coach for our excursion, driving past the **Bergenhus Fortress** , the **Håkonshallen** and the **Rosenkrantz Tower**.
- After admiring the buildings of the old Bryggen Hanseatic Wharf and the Fish Market, we proceed to Os, a village on the Bjornefjord, 30 km south of the city.
- From here we begin a brief panoramic tour of the fjord, during which we are stunned by the spectacular view of the islands and the snow-capped mountains. We then reach **Hatvik**, where we take the ferry to cross the fjord to **Venjaneset**, on the opposite side.
- Our journey then leads us through small villages set in typical, west-coast scenery as we proceed to **Mundheim** and the **Hardangerfjord**, one of the most well-known Norwegian fjords, which lies framed by mountains reflected in the clear water and is famous for its many orchards.
- Our panoramic coach tour continues with a spectacular view of the mountains on the opposite side of the fjord. Weather permitting, we can even see the **Folgefonna Glacier** the third largest in Norway which covers an area of 203 square kilometres.
- We reach the village of Øystese, which sits in the bay of the fjord against a backdrop of high
 mountains, surrounded by green farms. We stop here for lunch, before returning to the village of
 Norheimsund, where we head inland to the Steinsdal Waterfall which has a sheer drop of 50
 metres where we can cross the valley without getting wet.
- After going through many tunnels, we come to the Tokagjel Gorge and the Kvamskogen Mountain
 Plateau, a favoured dining and picnic spot among the inhabitants of Bergen. Indeed, there are
 numerous wooden chalets here and the area is ideal for hiking in summer and skiing during the
 winter and spring.
- We then go down along the fjord again, before going up to **Gullbotn**, where there is a closer recreational area with ski pistes and ski jumps.
- From here we go down to the **Soerfjord**. Across the water, on the opposite side of the fjord lies



Osterøy, the largest island on the western coast.

- Our tour proceeds towards the **northern suburbs of Bergen** and before returning to the port we have the opportunity to admire the typical architecture of **Sandviken Bay**.
- Places on this excursion are limited. We recommend booking early.
- This excursion is purely scenic and involves long stretches travelling by coach on winding roads (about 6 hours).

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2313	7 Hours approximately	Moderate	EUR 205.00	EUR 143.50
Туре				

Bergen

SIGHTSEEING TOUR OF BERGEN AND SCENIC FUNICULAR RIDE

In a nutshell

An exceptional tour on which we discover the main attractions and history of Bergen once the hub of the Hanseatic League, now a vibrant, commercial centre that retains its traditional maritime air - before turning our attention to the scenic treasures on show in this landscape of fjords and mountains, with an unforgettable ride in the famous Fløibanen funicular.

Main stops

- Håkonshallen, Rosenkrantz Tower and Bryggen Hanseatic Wharf
- Fløibanen Funicular, Mount Fløien
- Central Park and Lake
- Residential area, wooden houses, gardens, Royal Residence, the wooden Fantoft Stavkirke (stave church)

- Our tour begins with passing by **King Haakon's Hall** (Håkonshallen), the imperial residence with adjoining banquet hall built by King Håkon Håkonsson in 1261 and the nearby **Rosenkrantz Tower** (Rosenkrantztårnet), which was built around 1560 by the Governor of Bergen, Erik Rosenkrantz, to serve both as a residence and a fortified tower. Today it even incorporates part of the keep (1273) of King Magnus the Lawmender and Jørgen Hansson's fortress of 1520.
- We will stop on at the picturesque old wharf district of Bryggen ('bryggen' in Norwegian means



'wharf'), which was built around 1350 by the Hanseatic League. It is the most picturesque district of Bergen, extending along the eastern side of the port of Vågen, with its long parallel rows of colourful buildings. Once, these buildings were used as offices, homes and stores by the German merchants of the Hanseatic League. Today the Bryggen District is listed as a UNESCO World Heritage Site and boasts shops, restaurants, cafés and artisan workshops. We wander around the alleys between the picturesque warehouses that line the street and along the seafront to enjoy the quaint atmosphere of this neighbourhood.

- We then arrive at the **Fløibanen funicular** station, which has been in operation since 1910. Once aboard, we are transported up the 26% gradient to an altitude of 320 metres a journey of about 8 minutes to reach the summit of **Mount Fløien** (one of the seven mountains that surround Bergen, its name derives from the wind vane placed at the summit many centuries ago to indicate the force and direction of the wind to sailors entering or leaving the port below). Mount Fløien is very popular with the inhabitants of Bergen as a recreation area all year round. From the summit the view is truly impressive: we can see the heart of Bergen at our feet and looking to the west, on a clear day, you can also see the North Sea, and the neighbouring archipelagos.
- We take the funicular back down, and after boarding the coach, we cross the Fish Market square, with its seafood, flowers, fruit and vegetables and souvenir stalls and we head for the central park and the lake.
- We then go through the **residential area**, admiring the well-preserved **wooden houses**, the **gardens** and the **Royal Residence** on our way to **Fantoft Stavkirke**. This wooden **stave church**, located in an enchanting wooded area to the south of Bergen, was rebuilt in 1992 after a terrible fire and is the exact replica of the original building which dated back to 1150. In the Middle Ages, in Norway, there were at least 800 of these typical stave churches; today there are only 30 remaining.
- Places on this excursion are limited. We recommend booking early.
- In the event of inclement weather, the view from the platform of the funicular may not be ideal; in these conditions you are also advised to wear appropriate clothing.

 The funicular is very popular among both locals as well as visitors; therefore, long lines at the Funicular should be expected.?

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
2892	3 1/2 Hours approximately	Easy	EUR 95.00	EUR 66.50	
Туре					

Bergen



FUNICULAR RIDE AND HIKING ON MOUNT FLØIEN

In a nutshell

An unmissable excursion by funicular and on foot to enjoy spectacular views of Bergen and its surroundings from the top of Mount Fløien; breathtaking views that embrace the fjord, the city and the surrounding landscape!

Main stops

- Fløibanen Funicular, Mount Fløien, panoramic view of Bergen
- Hiking on the Fløien Hills, Lake Skomakerdiket, the Blåmansveien hiking trail
- Rundemansvegroad and Rundemanen

- We begin our excursion at the Fløibanen funicular station, which has been in operation since 1910. Once aboard, we are transported up the 26% gradient to an altitude of 320 metres a journey of about 8 minutes to reach the summit of Mount Fløien (one of the seven mountains that surround Bergen, its name derives from the wind vane placed at the summit many centuries ago to indicate the force and direction of the wind to sailors entering or leaving the port below). Both the funicular ride and the belvedere at the top offer a magnificent panorama of Bergen and its surroundings.
- After the funicular ride, we begin our **walking tour of the Fløien Hills**, a very popular recreational spot with the inhabitants of Bergen all year round. We walk along one of the many gravel roads, which leads us through woods with gentle hills, until we come to the small, idyllic **Lake Skomakerdiket**; we then take the **main Blåmansveien hiking trail**.
- As we walk uphill, the view becomes increasingly spectacular: we can see the fjord with its many islands, the city of Bergen at our feet and the North Sea in the distance to the west.
- After walking for about 2.5 km, we come to a crossroads. If the weather is favourable, we take the **Rundemansvegroad** and, as we leave the trees behind us, a broad panorama opens before us on all sides. We then come to the highest point, **Rundemanen**, at an altitude of approximately 570 metres, where we stop to rest and enjoy the fresh air.
- Depending on how physically fit you are, and the weather conditions, there is the possibility to extend or shorten the hike. In any case, at the end of the hike we go back down to the city with the funicular.
- Places on this excursion are limited. We recommend booking early.
- This excursion involves walking uphill for about 230 metres, out of a total of 8 km that cover various types of terrain; you are therefore advised to wear trekking or sports shoes and comfortable multi-layered clothing.
- Minors under 16 years of age must be accompanied by an adult.



- Participants should bring along clothing that is appropriate for the weather conditions, a backpack for personal items and water to stay hydrated along the way.
- To participate in this excursion, you must be physically fit; the tour is not recommended for those who have mobility problems, heart problems or knee problems.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2895	4 Hours approximately	Moderate	EUR 70.00	EUR 49.00
Туре				

Stavanger LYSEFJORD: NATURAL MARVELS OF LAND AND WATER

In a nutshell

Majestic nature? See it right before your eyes from **your boat** and then **from your window: waterfalls** cascading down from the granite rocks of **Lysefjord**, the famous **Preikestolen** or 'pulpit rock', and **Kjerag**, the mountain which is home to Norway's 'hanging' boulder. Then, after **27 hairpin bends overlooking the fjord**, enjoy a break with a **sweet Nordic flavor**!

Main stops

- Tour of the Lysefjord: waterfalls, Preikestolen, Kjerag, Flørli
- Sightseeing bus tour to Lysebotn
- Byrkjedalstunet: typical snack and visit to the candle shop

- Today your natural backdrop is a mix of **granite rocks**: discover the **Lysefjord**, also known as the 'Fjord of Light'.
- From your boat, you will see an amazing natural spectacle, as majestic waterfalls tumble into its chilly waters! Close encounters that you'll never forget.
- The fjord's 42 km of grandeur paves the way for some record-breaking sights, including **Preikestolen**, the 'pulpit rock', a 604-meter cliff that overlooks **Lysefjord**. The perfect place for capturing a few adrenalin-filled videos!
- Now feast your eyes on even more **splendor**: the mountain of **Kjerag** is home to Kjeragbolten, a rock suspended in its crevasse, while **Flørli** has the world's longest wooden staircase, with **4444 steps**.
- There are some thrilling panoramas for you too, as the view changes as you wind your way up the



27 hairpin bends on the bus to Lysebotn. Incredible shots with zero effort? No problem.

• After the astonishing nature, take a **sweet break** at **Byrkjedalstunet**: taste **Norwegian waffles** and check out the **candle shop**. Small local works of art for you to peruse.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03Q8	6 Hours approximately	Moderate	EUR 170.00	EUR 119.00
Туре				
			Tasting	

Stavanger

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03WT	4 Hours approximately	Hard	EUR 65.00	EUR 45.50
Туре				

Stavanger

INFORMATIONS

Code	Duration L	Level	Adult price	Child price
03WU	3 Hours approximately	Moderate	EUR 69.00	EUR 48.30
Туре				

Stavanger

INFORMATIONS

Code	Duration	Level	Adult price	Child price
03WV	3 1/2 Hours	Hard	EUR 93.00	EUR 65.10

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Type

Stavanger

UNIQUE PERSPECTIVES FROM THE WATERS OF THE LYSEFJORD

In a nutshell

On board a **motorboat**, you and a small group will speed along the **Lysefjord**, the **fjord of light**, as part of a **land experience that will leave you with goosebumps**. Moving between giant cliffs, you will plunge into some of the most **secluded places** in **Norway's natural landscape**, which only a **Stavanger native** really knows - they can tell you everything about these **pristine lands**.

Main stops

• Exploration of the Lysefjord on board a motorboat: Preikestolen and Mount Kjerag

The programme

- In **Stavanger**, a powerful **motorboat** is the perfect way to slip into caves and inlets. A waterproof jacket may come in handy, because **you'll be passing under some waterfalls**!
- Only you and another lucky few can follow the same routes as those who live here: larger tourist boats cannot venture into such inaccessible areas of the fjord.
- With your local guide, you'll skip across the waves to **Lysefjord**, with the wind caressing your face and chasing the cobwebs away. **50 km** of living rock, glaciers and inhabited islets will rush into view, in a **landscape that leaves you speechless**.
- From the bottom of the fjord, everything looks immense. Like its king: it is called **Preikestolen**, the famous 'rock pulpit', a granite cliff that is an amazing 604 meters high. Very few people are lucky enough to see it from the water like you.
- Feel as small as an ant? Just wait until you get to the foot of **mount Kjerag**: base jumping fans dive off its sheer cliff.
- Your guide will point out one curiosity after another: from the **first house built on the fjord** to a **cave** that **thieves** once used to...communicate. Focus your gaze: can you see something embedded in the rock?
- Minimum age: 8 years.
- The land experience is not suitable if you have back problems.

 This excursion does not feature a guide.

INFORMATIONS

Code	Duration	Level	Adult price	Child price



02FE 2 Hours approximately EUR 165.00 EUR 165.00

Type

Stavanger

ADVENTURE ON THE PREIKESTOLEN, THE 'PULPIT' ROCK HIGH ABOVE THE FJORDS

In a nutshell

An adventurous excursion that takes us from the port of Stavanger into the heart of Norway to visit the Preikestolen, the vertiginous 'pulpit rock' that overlooks the Lysefjord from on high, treating us to views that are nothing short of breath-taking.

Main stops

- Stavanger
- Isefjord
- Preikestolen Refuge
- Hike towards the Preikestolen
- Lysefjord

The programme

- We will skirt the port of **Stavanger** by coach. Heart of the Norwegian oil industry, Stavanger is the country's fourth largest city in terms of population and is located at the entrance to the Gandsfjord, sheltered from the North Sea.
- We will then continue by coach along the Isefjord, to the Preikestolen Refuge.
- From there, we will walk along a rocky mountain path to admire the stunning views dotted with small lakes. This area, which is home to a substantial population of ptarmigan, is well-known to local hunters and fishermen.
- Continuing our walking tour, we will reach the **Preikestolen (the 'pulpit'rock)**, a flat rock that overlooks the Lysefjord from a height of 604 metres above sea level. From here, we can enjoy beautiful views of the surrounding mountains.
- After our visit, we will return along the same path to the Preikestolen Refuge, where our coach will be waiting to take us back to Stavanger.
- The Preikestolen area is not secure. We therefore recommend you move with caution and keep a safe distance from the cliff edge.
- The experience takes place on an uneven mountain track that also has steep sections. Accordingly, for your own safety, it is important to wear walking shoes. If you do not have any with you, they can

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be rented on site.

- We recommend you wear a waterproof windbreaker over your clothes.
- This outdoor excursion will take place in all weathers, with the exception of snow.
- The walk covers a distance of approximately 8 km with a difference in height of approximately 340 metres from start to finish.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
2490	7 1/2 Hours approximately	Hard	EUR 195.00	EUR 136.50	
Туре					

Basket Lunch

Stavanger TOUR OF STAVANGER AND SURROUNDINGS

In a nutshell

Sample the history of the city of Stavanger, for centuries one of the cornerstones of Norwegian maritime history: from a time when Viking kings fought battles on the Hafrsfjord to modern-day tankers, not forgetting the age of 'white sails' and steam ships. Don't miss this opportunity to visit the city and discover its many faces.

Main stops

- Ullandhaug
- Jæren landscape
- Ryfylke Mountains
- Sverd i fjell (the 'Swords in Rock')
- Stavanger Cathedral (outside visit)
- Old Stavanger

The programme

- We will set off from the port by coach through the lush agricultural landscape to **Ullandhaug**, an area famous for its reconstructions of Iron Age farms. Ullandhaug also boasts breath-taking views of the **Hafrsfjord** where, in 872, the Viking king Harald Fairhair defeated the last of the local princes and unified 29 small kingdoms under one crown, founding the Kingdom of Norway. To the east stretches the fertile **landscape of Jæren**, with the **Ryfylke Mountains** in the distance.
- We will then continue to the outskirts of Stavanger to admire the Sverd i fjell ('Swords in Rock'), a

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fascinating memorial by the sculptor Fritz Røed. The monument depicts three 10 metre-high swords that commemorate the historic battle of Hafrsfjord. The largest sword represents the victorious Harald, while the smaller ones symbolise the vanquished kings. The monument is also intended to symbolise peace, as the swords are struck in solid rock, from which they can never be removed.

- We will now pass through both the older and more modern districts of Stavanger; we will admire
 the outside of the Cathedral, built in around 1125 by Bishop Reinald of Winchester with the help of
 British craftsmen. Of all the churches built in Norway during the Middle Ages, Stavanger Cathedral is
 the only one that still retains its original features.
- Before returning to the ship, we will treat ourselves to a walk through 'Old Stavanger', with its typical
 narrow streets lined with picturesque wooden houses that date back to the 18th and 19th centuries,
 a time when it was home to sailors, craftsmen and merchants. This unique area, located just a few
 minutes from the port, is now at the centre of the city's most ambitious redevelopment project.
- Places on this excursion are limited. We recommend booking early.
- The Cathedral is currently under renovation, so the visit will be from outside.
- On following dates the Iron Age Museum will be closed. The visit will be replaced with the Archaeological Museum: 24.05.2023, 31.05.2023, 07.06.2023, 14.06.2023, 23.08.2023, 30.08.2023, 06.09.2023, 13.09.2023

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2491	3 Hours approximately	Easy	EUR 89.00	EUR 62.30
Туре				

Stavanger BOAT TRIP ON LYSEFJORD

In a nutshell

A boat trip on the Lysefjord to explore some of its most remote corners. Leaving from Stavanger, we will sail up the fjord to discover its breath-taking natural landscapes, including the famous Preikestolen, the vertiginous rock formation overlooking the fjord.

Main stops

INFORMATIONS

Code Duration Level Adult price Child price	
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2493 2 1/2

2 1/2 Hours approximately

Easy

EUR 110.00

EUR 77.00

Type

Stavanger STAVANGER: NATURE, HISTORY AND FLAVOURS

In a nutshell

Discover the city of Stavanger, center of the Norwegian oil industry and the country's fourth largest city by population. You will be fascinated by the charm of the historic center and enjoy a visit to Byrkjedalstunet a restored cheese factory, now home to a local market with typical products and souvenirs, while exploring the many faces of the city.

Main stops

- Coach ride along the River Dirdal
- Byrkjedalstunet
- Gloppedalsura
- Historic centre of Stavanger

- We will begin our excursion with a coach ride along the **River Dirdal** to **Byrkjedalstunet**, a restored cheese factory that dates back to 1920. The site is now home to a restaurant, hand-made candle store, and small shops selling souvenirs and handicrafts. During the visit, we will also have the opportunity to sample typical Norwegian pancakes before enjoying some free time to explore the surroundings.
- We will continue our journey by coach to **Gloppedalsura**, the largest boulder field in Norway; some are even as big as houses!
- Returning to **Stavanger**, we will cross the historic centre and admire the city's many sites of interest en route.
- Before returning to the ship, we will stroll through 'Old Stavanger', characterised by narrow streets lined with picturesque wooden houses dating back to the 18th and 19th century, when activities such as herring fishing and shipbuilding contributed to building the city's fortunes, turning it into the main commercial and industrial hub it has been ever since. Once home to sailors, craftsmen and merchants, this unique area, located just a few minutes from the port, is now at the centre of the city's most ambitious redevelopment project.
- Places on this excursion are limited. We recommend booking early.



INFORMATIONS

Code	Duration	Level	Adult price	Child price
2494	4 Hours approximately	Easy	EUR 110.00	EUR 77.00
Туре				

Tasting

Stavanger WALKING TOUR OF STAVANGER

In a nutshell

Main stops

- Old Stavanger
- Market square
- Harbour bay
- Stavanger Cathedral (outside visit)

The programme

- We will leave the port on foot and begin exploring the city.
- We will enjoy a stroll through **Old Stavanger**, characterised by narrow streets lined with picturesque wooden houses, complete with pretty gardens and historic gas lanterns. Dating back to the 18th and 19th centuries, these houses were once home to sailors, craftsmen and merchants. The charm of the area appears to have remained intact for centuries and the entire neighbourhood is now at the centre of the city's most ambitious restoration project.
- A short walk will take us to the **market square** and the **harbour bay**. During the summer months, you will have the opportunity to browse the stalls and admire the wide range of fruit, vegetables and seafood.
- On leaving the square, we will continue to the **Cathedral** for an outside visit Dedicated to St. Svithun, patron saint of the city, and built in around 1125 by Bishop Reinald of Winchester, with the help of British craftsmen, Stavanger Cathedral is the best-preserved medieval church in Norway, second only to the Nidaros Cathedral in Trondheim.
- After admiring the cathedral, we will return to the port.
- Space is limited, so please reserve early.
- Tour will take place also in case of bad weather conditions, therefore suitable clothes are recommended. Space is limited, so please book early.
- This excursion is not recommended for those guestswith mobility problems.

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• The Cathedral is currently under renovation, so the visit will be from outside.

INFORMATIONS

Code	Duration L	.evel	Adult price	Child price
2497	2 Hours approximately	Moderate	EUR 55.00	EUR 38.50
Туре				

Stavanger HELICOPTER ADVENTURE OVER THE LYSEFJORD

In a nutshell

The ideal opportunity for those who want to see the beautiful Stavanger region from a whole new perspective, taking advantage of stunning panoramic views of some of the most unspoilt and wild landscapes Norway has to offer.

Main stops

- Stavanger
- Lysefjord
- Mountains and glaciers
- Preikestolen

- Our adventure begins in Stavanger. The heart of the Norwegian oil industry, it is the country's fourth
 largest city in terms of population and is located at the entrance to the Gandsfjord, sheltered from
 the North Sea. The city has a fascinating architectural heritage that combines tradition and
 modernity, with numerous picturesque wooden houses that were once home to seafarers and
 craftsmen overlooking the port.
- We will arrive at the heliport after a short coach journey and take off for the Lysefjord, which
 stretches inland for approximately 50 kilometres. This fjord is considered the wildest because it is
 surrounded by rugged mountain peaks and glaciers. Only in small pockets is there enough space
 for small isolated farms, surrounded by breath-taking landscapes.
- We will arrive at the **Preikestolen (the 'pulpit' rock)**, a flat rock that overlooks the Lysefjord from a height of 604 metres. It is a very popular tourist attraction that boasts wonderful views of the surrounding landscapes.
- We will now head west over a stunning mountainous landscape dotted with lakes, before returning



towards the fjord and eventually the heliport.

- A 3- or 6-seater helicopter will be used for the flight: the helicopter used will be chosen the day before.
- Places on this excursion are limited. We recommend booking early.
- Max weight: 100 kg
- During the flight, information will be provided in English only.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2644	1 1/2 Hours approximately	Easy	EUR 390.00	EUR 390.00
Туре				

Kiel LUBECK, THE BALTIC JEWEL

In a nutshell

Lubeck has much to offer, not only for the historians among you! Start off at the pier in Kiel with an approx. 1,5 h scenic transfer to Lubeck. You will start with Lubeck's Holsten Gate, where you have your first of many photo opportunities. The gate from the 15th century is the landmark of Lubeck, which is symbol not only of the well-fortified medieval town but also of the self-confidence of the former Queen of the Hanseatic League. Your walking tour starts at the city center. Your tour leads through the picturesque Old Town which was declared a World Cultural Heritage Site by the UNESCO in 1987. Walking the historic alleyways and courtyards, see the Seven Spires and the Hospital of the Holy Spirit dating back to 1280. This hospital is not only one of Europe's oldest social institutions but also one of the most significant monumental buildings from the Middle Ages. Proceed to the historic Town Hall which was built in the 13th century and is considered to be one of the oldest, most magnificent in Germany. Have a view at the St. Mary's Church which is the third-largest church building in Germany. Of particular interest are also numerous 15th- and 16th-century patrician residences and salt storehouses. Pass by the Buddenbrook House, the former home of the Lubeck-born authors Heinrich and Thomas Mann. Another highlight is the unique Marzipan-exhibition in the trademark Café Niederegger. Enjoy your free time for having a lunch break and for exploring the narrow, cobble-stoned streets and the variety of small and elegant shops. Please note: The journey to Lubeck takes approximately 1,5 hours each way. This excursion is not recommended for guests with mobility problems. You ought to wear comfortable shoes. Lunch not included. English speaking guides are limited in number.

INFORMATIONS



Code	Duration	Level	Adult price	Child price
0120	6 1/2 Hours approximately	Moderate	EUR 85.00	EUR 59.50
Туре				

Kiel **DISCOVERING HAMBURG**

In a nutshell

The biggest port of Germany, a notorious red-light-district and elegant mansions along the Elbe River its all in Hamburg! You can get to know the vibrant city of Hamburg during this great tour! On your way there is much to see: you will pass the downtown Alster Lake and the citys exclusive residential areas, the Jungfernstieg with its luxury shops and shopping malls, the Renaissance-style City Hall and Stock Exchange, modern downtown architecture, parks and gardens, the TV tower, the exhibition centre, 19th century court buildings and plenty more. Time and traffic permitting, you will have the chance to hop off the bus for photo-stops. You will complete your tour of Hamburg with an outside visit of the citys famous landmark Michel - St. Michaelis Church. The 'Kramer Amtsstuben', a well preserved complex of restored buildings, presenting the living conditions in the early 18th century will be also shown in detail.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
012P	7 Hours approximately		EUR 85.00	EUR 59.50
Туре				

Kiel

KIEL: A STROLL WITH THE FLAVORS OF THE SEA

In a nutshell

Do you want to discover a city with an **unbreakable link with the sea**? The aquatic roots of **Kiel** will amaze you with **every step you take** as you watch the **comings and goings of the boats on its canal**, and with your guide, admire the **grand buildings overlooking the water** and **open-air pools** from which **northern fur seals** emerge. Even your snack will be sea-themed: tuck into a **Esh bun** the traditional sandwich **made with local fish!**

Main stops

• Walk through Kiel: seafront; Town Hall building; St. Nicolai church; Opera House; former Franciscan

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convent

• Snack with **M**sh bun⊠

The programme

- As you stand in front of the ships departing from the port of **Kiel**, you'll want to find out more about this **city with a natural affinity for water**: dive in, on **a walk with your guide**!
- They will tell you that this was the only town by the sea in this Saxon territory, but that it is also called the 'city of sailing', for its unique regatta: this explains the sails and sailors you will glimpse along the waterfront.
- Meanwhile, near the port, you might come across a friendly **seal** or two splashing around in an **open-air pool**, capturing everyone's attention as they pop up.
- And even though the salty tang fades as you walk through the streets of the center, water is always
 at the heart of everything: The neoclassical Town Hall and Opera House look out over the canal,
 while St. Nikolai Church was originally a maritime place of worship dedicated to the patron saint of
 seafarers.
- Has all that walking given you an appetite? There's a typical **Esh bun** eady and waiting for you a sandwich filled with fresh fish caught right here. The Baltic in a mouthful.
- And if you're still hungry for more maritime discoveries, you can explore Kiel however you like, before returning to the ship.
- Wear comfortable shoes and clothing suitable for the experience.
- The sandwich can be enjoyed with soused herring, salmon or vegetables.
- Limited number of English guides: if none are available, you will be accompanied by a guide who will conduct the tour in English.

INFORMATIONS

Code	Duration Le	vel	Adult price	Child price
01J7	3 Hours approximately	Moderate	EUR 59.00	EUR 41.30
Туре				
			Tasting	

Kiel

PANORAMIC TOUR OF KIEL AND HISTORIC LANDMARK IN LABOE (ending at the airport)

In a nutshell

From the port city of Kiel to the historic town of Laboe, on the eastern bank of the Kiel Fjord.

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Main stops

- Kiel: major places of interest in the city, City Hall, Kiel Canal
- Laboe: Naval Memorial to the Sailors who died in battle and exhibition inside, U995 submarine with museum

The programme

- We leave the port to start our panoramic tour of the city of **Kiel**. The capital of the Federal State of Schleswig-Holstein boasts a long tradition as a maritime city and port, which pervades daily life.
- Our route winds past the **main points of interest** in the city, including the **City Hall** and the spectacular **Kiel Canal**, which links the North Sea to the Baltic Sea.
- At the end of our city tour, our coach will take us to the eastern shore of the Kiel Fjord to the town of **Laboe**, where we visit the **Memorial to the Sailors who were killed in battle**. The tower was first erected to commemorate the soldiers of the German Navy who died in the First World War. Later, it was also dedicated to the sailors who died in the Second World War. In 1954, it became a memorial to all the fallen from the Navies of all nationalities.
- After an interesting visit to the **exhibition inside the monument**, we climb to the top of the building to enjoy the **spectacular view**that unfolds before us.
- Lastly, the **U995 submarine**, one of the dreaded U-Boats that destroyed the allied ships in the northeastern Atlantic, awaits us on the nearby beach. Today, it houses a museum where we can learn about some of the aspects of the hard life of the crew on board submarines.
- Our visit to the memorial is over and we set off by coach for Hamburg airport.
- We recommend wearing comfortable shoes.
- This excursion is not recommended for guests with mobility problems.
- The tour guides will leave the group at the end of our tour of Kiel. The journey to the airport does not include a guide.
- This excursion is reserved for guests who disembark at Kiel and whose flights depart after 4.00 p.m.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
2850	4 1/2 Hours approximately	Moderate	EUR 65.00	EUR 45.50	
Туре					

Kiel



PANORAMIC TOUR OF HAMBURG (ending at the airport)

In a nutshell

A comprehensive panoramic tour of the vibrant city of Hamburg, the largest port in Germany.

Main stops

- Lake Alster
- Jungfernstieg
- Renaissance City Hall and Stock Exchange Buildings
- Modern part of the city
- St. Michael's Church
- Krameramtsstuben

The programme

- This fantastic tour will give us the opportunity to discover the vibrant city of Hamburg, the second largest metropolis in Germany after the capital, Berlin.
- Our panoramic tour winds its way past the main points of interest in the city. First of all, our route runs alongside the **Lake formed by the River Alster** in the city centre, and then crosses the residential districts and the **Jungfernstieg**, the famous fashion street, lined with luxury boutiques and shopping malls.
- We drive past the **Renaissance buildings of the City Hall and Stock Exchange** and venture into the **more modern part of the city**, with its parks and gardens, the television tower, 19th century buildings and much more.
- Weather and traffic permitting, we will have the opportunity to leave the coach and make a few photo stops.
- Our next stop will be a visit of the exterior of **St. Michael's Church**, affectionately known as Michael by the inhabitants of Hamburg; this is one of the main Protestant churches in the city, and one of the most important architectural structures in Germany.
- Our tour ends in the **Krameramtsstuben** area, a complex of 5 buildings, built between 1620 and 1676 by the merchants' guild to provide homes for traders' widows. They are well preserved and give us an idea of what life was like at the beginning of the 18th century.
- Afterwards our coach will bring you to Hamburg airport.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2856	4 1/2 Hours approximately		EUR 65.00	EUR 45.50

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Type

Copenhagen COPENHAGEN: FEET ON THE GROUND, EYES ON THE WATER

In a nutshell

Exploring **Copenhagen on foot** is the best way to discover the city's **connection with the water**. A paradox? Not at all. From the statue of **the Little Mermaid**, heroine of children, to the **Gefion fountain**, which evokes ancient myths, the **royal residences** with their **gardens**, and the **Nyhavn canal**: with your **guide**, you will discover the aquatic DNA of this city.

Main stops

- Little Mermaid statue
- Gefion Fountain
- Rosenborg Castle and The King's Gardens
- Churchill Park, Frederiksstaden district, Amalienborg Palace
- Nyhavn canal
- Kastellet

The programme

- Walk with your guide to the Little Mermaid statue, which has been the symbol of the city since 1913.
 Here, a passion for the sea is instilled at an early age, even if only by listening to Hans Christian
 Andersen's fairy tale.
- From fairy tales to myth: in front of **Gefion Fountain**, discover the legendary origins of Zealand: a patch of land stolen from the sea with an ox-drawn plow. It is the island upon which the city rests!
- It stretches to Churchill Park, where water brings life to flowers and meadows, and the
 Frederiksstaden district, with the Amalienborg Palace, residence of the Danish royal family. Guess
 what: it is only separated from the harbor basin by The Amalie Garden.
- Along the Nyhavn canal, the old port, a host of colorful houses are reflected in the water, while
 Rosenborg Castle is mirrored in the lake of its gardens: a home for fish, geese and swans.
- But the last piece of your puzzle is **Kastellet**, a 17th-century citadel surrounded by water. Here in **Copenhagen**, everything even the most monumental structures seem to float.

INFORMATIONS

Code Duration Level Adult price Child price	
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03P8 3 Hours approximately Moderate EUR 49.00 EUR 34.30

Type

Copenhagen TOUR OF TWO KINGDOMS - DENMARK AND SWEDEN

In a nutshellA day spent discovering the marvels and most symbolic sights of two magnificent Scandinavian cities -Copenhagen and Malmö. A fascinating panoramic tour that takes us from Denmark to Sweden across the majestic Öresund, the longest cable-stayed bridge in Europe - a colossus submerged in northern waters.

Main stops

- Sightseeing tour of Copenhagen
- Öresund bridge
- Sightseeing tour of Malmö
- Old city of Malmö

The programme

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
038K	7 Hours approximately	Moderate	EUR 109.00	EUR 76.30	

Copenhagen COPENHAGEN AND THE CHARMING CITY OF HELSINGØR

In a nutshell

Main stops

- Sightseeing tour of Copenhagen
- Little Mermaid Statue
- Danish Riviera
- Walking tour of the Helsingør historic city centre

The programme

- We board a coach and set off on a thrilling **sightseeing tour** of the fascinating city of **Copenhagen**, the capital of Denmark.
- We drive by the Town Hall and the lovely Tivoli Gardens, a famous amusement park surrounded by

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nature. We reach the **ancient Stock Exchange** and observe its characteristic spire formed by intertwined dragon tails. We admire the unique coloured houses along the **old port of Nyhavn** and take marvellous photographs in front of the majestic **Amalienborg Palace**, the official residence of the Danish Royal Family.

- Before moving on to our second destination, we cannot but admire and take beautiful photos in
 front of the symbol of the city of Copenhagen: the Little Mermaid Statue. An enchanting sea
 creature inspired by one of the most famous fairy tales by Hans Christian Andersen.
- We drive along the fascinating Danish Riviera, a truly panoramic route offering views of the marvellous coastal landscape, as far as the evocative **city centre of Helsingør**, a place where time seems to have stood still.
- We take in the atmosphere of this Medieval city by strolling among its main monuments and its characteristic timber houses. From the **Carmelite Priory** to the magnificent **Church of St. Mary** and the imposing **St. Olaf's Church**.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
038L	6 Hours approximately	Moderate	EUR 85.00	EUR 59.50

Copenhagen OPENAGHEN, THE VIKINGS AND ROSKILDE CATHEDRAL

In a nutshell

Main stops

- Sightseeing tour of Copenhagen
- Little Mermaid Statue
- Roskilde
- Viking Ship Museum
- Roskilde cathedral

The programme

- We get on a coach and set off on a thrilling **sightseeing tour** of the gems of city of **Copenhagen**.
- We drive by the **Town Hall** and the lovely **Tivoli Gardens**, a famous amusement park surrounded by nature. We reach the **ancient Stock Exchange** and observe its characteristic spire formed by intertwined dragon tails. We admire the unique coloured houses along the **old port of Nyhavn** and take marvellous photographs in front of the majestic **Amalienborg Palace**, the official residence of



the Danish Royal Family.

- We move on to the port of Copenhagen to admire the symbol of the city, a lovely bronze statue nestled on a rock: the **Little Mermaid Statue**, the protagonist of one of Hans Christian Andersen most famous fairy tales. Here, we have some free time available to take some beautiful photos and immerse ourselves in the atmosphere of the Danish capital.
- Our tour continues with the historic city of Roskilde to admire two of its great sights.
- The first stop is the **Viking Ship Museum**, where we go on a journey into the history of northern warriors among their extraordinary ships. We marvel at five fascinating types of ship, from trading ships to war ships, sunk off Skuldelev in 1070 and brought back to light in 1962. In the museum, we have the opportunity of admiring other marvellous ships, which are perfect reconstructions of Viking ships. We continue with the majestic **Roskilde Cathedral**, the main burial site for Danish monarchs. It was the first Gothic church to be made of bricks, a style that was promoted all over northern Europe. We remain speechless in front of this magnificent cathedral, a true architectural marvel declared a UNESCO World Heritage Site.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
038N	6 Hours approximately	Moderate	EUR 109.00	EUR 76.30

Copenhagen

HELSINGØR AND HAMLETS CASTLE

In a nutshell

Main stops

- Walking tour of Helsingør
- Kronborg Castle

The programme

INFORMATIONS

Code	Duration	Level	Adult price	Child price
0380	5 Hours	Moderate	EUR 105.00	EUR 73.50

Copenhagen

Costa Firenze - Denmark, Norway, Germany



THE LESSER KNOWN CORNERS OF COPENHAGEN: ON FOOT AND BY BOAT

In a nutshell

They say that **Copenhagen** is at its best when seen from its various waterways: this is why **a boat tour** with your guide will give you a special perspective on the city. Cruise slowly from the statue of the Little Mermaid, the guardian of the port, to that of the Norse goddess **Gefion**, and then on to the **royal palaces** and the **maritime district of Nyhavn**. Your zoom? You won't need it: to see them up close, simply take a stroll on dry land!

Main stops

Boat tour through the canals of Copenhagen: Little Mermaid statue, the Amalie Garden, Amalienborg Palace, Kastellet, Gefion Fountain, Churchill Park, Nyhavn district, Christiansborg Palace Stroll through the streets of the city

The programme

Ever thought you would be able to discover Copenhagen from two different perspectives? From the water to the heart of its streets and alleyways, soon you will know all the secrets of the city. Your guide knows just where to begin: the first stop in front of the iconic Little Mermaid statue is unmissable – it's been a symbol of the capital since 1913. Then, in one glance, you can take in the Amalie Garden overlooking the water and the Amalienborg Palace too, which is home to the Danish royal family. Your boat will slowly make its way through the canals and under bridges that are so low that you can touch them as you pass beneath. And with every glimpse, a piece of Copenhagen life passes by, with its unique people and colors. From here, the geometrical shapes of the Kastellet fortress are even clearer to see: did you know that its symmetrical red roofs form the shape of a star? Finally, take in the fountain of the goddess Gefion, the pastel facades of the district of Nyavn and the spire of the Danish Parliament building, before seeing them again up close as you wander through the streets of the city center*: a great way to lose yourself in the details of the legendary goddess Gefion as she tames her oxen!

• This experience is reserved for guests not disembarking in Copenhagen.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01GH	3 Hours approximately	Moderate	EUR 49.00	EUR 34.30
Туре				

Copenhagen THE BEST OF COPENHAGEN

In a nutshell

Costa Firenze - Denmark, Norway, Germany



Main stops

- Little Mermaid statue
- Amalienborg Palace
- Statue of King Frederick V
- Cruise along the canals of Copenhagen
- Tivoli Gardens

The programme

- Our tour will take us to see the famous statue of **Hans Christian Andersen's Little Mermaid**. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice.
- We will then admire **Amalienborg Palace**, which comprises four identical buildings and has been the Danish royal family's base since 1794. It is guarded by soldiers in traditional bearskin hats and the centre of the square is home to the **statue of King Frederick V** on horseback, depicted as a Roman emperor, considered one of the most important equestrian statues in the world.
- We will hop on a boat and enjoy a **cruise along the picturesque canals of Copenhagen**, where floating houses share the water with sail boats and yachts.
- We then will enjoy the beautiful and one of the oldest amusement parks in the world, **Tivoli Gardens** , where we will have a **tasty typical Danish lunch**. After lunch you can explore the wonderful park on your own.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
01GI	7 Hours approximately	Moderate Moderate	EUR 145.00	EUR 101.50
Туре				

Copenhagen

BEAUTIFUL COPENHAGEN AND THE PICTURESQUE TOWN OF DRAGØR (ends at the airport)

In a nutshell

A pleasant panoramic tour of the amazing city of Copenhagen with its imposing palaces and fascinating views of the sea followed by a stroll around the fishing town of Dragør with its paved roads and yellow houses adorned with flowers where time seems to have stood still.

Main stops

Costa Firenze - Denmark, Norway, Germany



- The Little Mermaid Statue (photostop)
- City Hall
- Rosenborg castle and Christiansborg palace
- Gefion fountain
- Amalienborg Royal Palace (photostop)
- Nyhavn district
- Fishing town of Dragør

The programme

- We leave the port by coach and venture on a **delightful sightseeing tour of Copenhagen**, the amazing capital of Denmark and a harmonious and tidy city where views of the sea alternate with magnificent urban settings.
- We start with a stop for photos at the **Little Mermaid Statue**. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice.
- On the way there, we admire the impressive **City Hall** with its clock tower and curious combination of architectural elements ranging from the Danish Middle Ages to Romanticism, **Rosenborg Castle** surrounded by fairy-tale gardens and an evocative moat to the Baroque Revival **Christiansborg palace**, now seat of the Danish parliament.
- We drive past **Gefion fountain**, the largest monument in the Danish capital, and let ourselves be enchanted the **Amalienborg palace**, the residence of the queen where we stop for a few photos.
- We continue our tour as far as the **picturesque district of Nyhavn** with its colourful wood, brick and mortar houses, famous wooden boats and the romantic sailing ships moored at the quays.
- We then move on to the island of Amager, the last stop on our excursion, to visit the charming picturesque **fishing town of Dragør**, one of the best preserved in Denmark.
- Once there, we can chose how to spend our time: we can go either on a 25-minute guided walking
 tour to explore its peaceful cobbled alleyways where time seems to have stood still, or take a
 leisurely stroll on our own along the lovely harbour among the small yellow houses adorned with
 scented flowers.
- The walk around Dragør is on cobbled roads.
- The tour ends at the airport.
- This excursion is available to guests whose flights depart after 18.00.

INFORMATIONS

Code	Duration	Level	Adult price	Child price	
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02SD 4 Hours Easy EUR 60.00 EUR 42.00 approximately

Type

Copenhagen

COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES (ends at the airport)

In a nutshell

On this excursion we learn about the history of Copenhagen's most iconic locations, symbols of the city that have become famous around the world.

Main stops

The programme

- We reach **Copenhagen**, the enchanting capital of the world's oldest kingdom, a city where history, tradition and the modern world are interwoven with the magic of fairy tales.
- Our first 'port of call' is the world-famous statue of the Little Mermaid inspired by the story by Hans Christian Andersen. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo - our dear Little Mermaid has led a colourful life!
- Next stop on the tour is the home of the Queen, Amalienborg Palace: four identical buildings, guarded by soldiers in traditional bearskin hats. In the palace grounds, the statue of King Frederick
 V, on horseback depicted as a Roman emperor, is considered one of the most important equestrian statues in the world.
- Next on our itinerary is **Christiansborg Palace** on the islet of Slotsholmen, which, being home to Denmark's most important institutions, is fittingly nicknamed the 'Island of Power'.
- Before heading to the airport to catch your flight home, we will have a short city tour, passing by Rosenborg, Town Hall and Tivoli Gardens.
- This excursion is available to guests whose flights depart after 18.00.
- Christiansborg Palace reserves the right to close its rooms to the public and cancel bookings whenever it is needed by the government or the royal family.
- Places on this excursion are limited. We recommend booking early.



INFORMATIONS

Code	Duration	Level	Adult price	Child price
2701	4 Hours approximately	Easy	EUR 65.00	EUR 45.50
Туре				

Copenhagen COPENHAGEN EXPRESS: ALL THE KEY SIGHTS (ends at the airport)

In a nutshell

This excursion gets straight to the point, taking us directly to the city's most iconic landmarks: the statue of the Little Mermaid, with its remarkable history, the royal residences and the Government offices.

Main stops

- The statue of the Little Mermaid
- Amalienborg Palace, the Royal Guard and the statue of King Frederick V
- Nyhavn district, the Stock Exchange, Christiansborg Palace, the 'Island of Power', the Parliament, Supreme Court, Government offices and former Royal Apartments
- The Christianshavn district

The programme

- Our excursion, exploring the capital of Europe's oldest kingdom, begins with an opportunity to take photographs of the world-famous statue of Hans Christian Andersen's Little Mermaid, one of the city's most iconic symbols. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo our dear Little Mermaid has led a colourful life!
- The second stop on our tour is **Amalienborg Palace**, Comprising four identical buildings; this has been the **principal seat of the Danish royal family** since 1794. It is guarded by soldiers in traditional bearskin hats and is also home to the **statue of King Frederick V** on horseback, depicted as a Roman emperor and considered one of the most important equestrian statues in the world. We visit the palace main square and enjoy a little free time.
- We make our way through the district of **Nyhavn** and then proceed to see some of the city's most important landmarks, including **the Stock Exchange and Christiansborg Palace**. The latter is located on Slotsholmen, Island, fittingly nicknamed the 'Island of Power' which houses the country's main

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political institutions: the Parliament (Folketing), the Supreme Court and the government offices (to the south and east), as well as the state rooms of the former Royal Apartments (north wing).

- We end our tour and head to the airport through the old Christianshavn district.
- We say farewell to fairy-tale Copenhagen, taking a souvenir or two, and countless memories with us.
- This excursion is available to guests whose flights depart after 15.45.
- Places on this excursion are limited. We recommend booking early.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2704	2 Hours approximately	Easy	EUR 55.00	EUR 38.50
Туре				

Copenhagen

COPENHAGEN: THE LITTLE MERMAID AND THE ROYAL PALACES

In a nutshell

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2706	4 1/2 Hours approximately	Moderate	EUR 65.00	EUR 45.50
Туре				

Copenhagen SPECIAL SOUVENIRS FROM COPENHAGEN

In a nutshell

We visit Denmark's wonderful capital - with its royal palaces and distinctively Danish landmarks that are full of historical significance - and treat ourselves to a special visit, discovering 240 years of passion for quality and beauty in the blue and white ceramics of the Royal Copenhagen porcelain works.

Main stops

- The statue of the Little Mermaid
- Amalienborg Palace, the Royal Guard and the statue of King Frederick V

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- Nyhavn District
- The Stock Exchange and Christiansborg Palace
- Royal Copenhagen Shop (free time)
- City Hall, Tivoli Gardens and Rosenborg Castle (panoramic)

The programme

- We reach **Copenhagen**, the enchanting capital of the world's oldest kingdom, a city where history, tradition and the modern world are interwoven with the magic of fairy tales.
- Our tour begins with an opportunity to take a few photographs of the world-famous statue of **Hans**Christian Andersen's Little Mermaid.
- Next, we make our way to **Amalienborg Palace**, comprising four identical buildings; this has been the **principal seat of the Danish royal family** since 1794. It is guarded by soldiers in traditional bearskin hats and is also home to the **statue of King Frederick V** on horseback, depicted as a Roman emperor and considered one of the most important equestrian statues in the world.
- We move on to the picturesque entertainment district of Nyhavn, which dates back to the 17th century, with its colourful wood, brick and mortar townhouses, its famous wooden boats and the romantic sailing ships moored at the quays.
- Here we find some of the city's most interesting sights: the **Stock Exchange**, and **Christiansborg Palace**, home to the Danish Parliament and many of the country's other political institutions.
- We cross old canals and streets ensconced between ancient buildings to reach the pedestrian walkway that crosses the entire city. Our guide will point out the **famous Royal Copenhagen shop** where we can go on our own and admire the unique quality of its renowned, hand-painted, blue and white porcelain, and the hand-hammered silverware and hand blown glassware.
- At the end we will drive back to the pier crossing by the **City Hall, Tivoli Gardens** and **Rosenborg**Castle
- Places on this excursion are limited. We recommend booking early.
- The excursion is reserved for guests who are not disembarking in Copenhagen.
- This excursion is not recommended for guests with mobility problems.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2707	3 Hours approximately	Moderate	EUR 49.00	EUR 34.30
Туре				

Copenhagen



COPENHAGEN: EXPLORING THE CANALS OF COPENHAGEN BY BOAT

In a nutshell

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2708	4 Hours approximately	Easy	EUR 75.00	EUR 52.50
Туре				

Copenhagen THE WONDERS OF COPENHAGEN

In a nutshell

Succumb to the charm of Copenhagen with this unique opportunity to visit Denmark's wonderful capital: visit the historic centre, discover why Danish design is so highly regarded around the world, relax at one of the local bars or treat yourself to some retail therapy on one of the charming shopping streets.

Main stops

- The statue of the Little Mermaid
- Gefion Fountain
- Amalienborg Palace
- Indre By the historic district
- Panoramic of Rosenborg Castle, Strøget Europe's longest pedestrianised shopping street, the City Hall and the Rådhuspladsen (City Hall Square), Tivoli Gardens
- Local bars, gift shops and the city centre (free time)
- Christianborg Palace and Royal Reception Rooms

The programme

- We arrive in Denmark's capital, Copenhagen, a wonderful city rich in history and tradition.
- We make a brief stop at the famous statue of Hans Christian Andersen's Little Mermaid. Since 1913, she has sat on the harbour rocks welcoming travellers from all over the world and inspiring them with her tale of love and sacrifice. But there is more to her story than fairy tales: covered in pink paint, twice decapitated, deprived of an arm, narrowly escaping being blown to pieces, and even transported to China for the Shanghai Expo our dear Little Mermaid has led a colourful life!
- We then will visit **Gefion Fountain** for a short photo stop.



- Also not to be missed is a visit to the city's royal residences: the palaces at **Amalienborg** residence of the present Queen which is guarded by soldiers in traditional bearskin hats.
- We follow our tour in the historic centre district of Indre By. Here we find Rosenborg Castle, Strøget –
 Europe's longest pedestrianised shopping street, the magnificent City Hall with its distinctive
 decorations, the monuments and maritime symbols that adorn City Hall Square, and the
 magnificent world famous Tivoli Gardens.
- We will stop in the very **heart of the city** where we can savour the capital's unique atmosphere, enjoying a relaxing stroll, sipping a drink in one of the countless coffee houses or picking up a final souvenir or two, also enjoy exploring the city centre using your **free time**.
- Our visit ends with **Christianborg Palace** and the **Royal Receptions Rooms** and after this visit we will direct ourselves to Ocean Quay, just next to the pier.
- Places on this excursion are limited. We recommend booking early.
- Christiansborg Palace reserves the right to close its rooms to the public and cancel bookings whenever it is needed by the government or the royal family.
- This excursion is reserved for guests who do not disembark in Copenhagen.

INFORMATIONS

Code	Duration	Level	Adult price	Child price
2811	6 Hours approximately	Easy	EUR 79.00	EUR 55.30
Туре				



Legenda

ICONE DESCRIZIONE

Easy

tour with this designation involve walking over relatively lever terrain. Comfortable shoes are recommended.

Moderate

Tours with this designation can involve a considerable amount of physical activity such as walking over cobblestones or uneven surface, climbing stairs or steep terrain, swimming in a light current, or bicycle riding. They are not recommended for guest with walking difficulties. Comfortable sturdy shoes are recommended.

Hard

Tour with this designation involve high physical exertion for extended periods of time. The terrain may be uneven or steep. They are recommended only for physically fit and adventurous traveller.

Sightseeing

these are primarily motor coach excursions with an emphasis on sight-seeing and very little activity.

Water Activity

Involves the opportunity to swim or the possibility of getting wet.

Fun

dedicated to a young public keen on entertainment.

Eco Natural Trail

dedicated to nature lovers.

Tasting

a light snack will be provided on this excursion.

Meal not included

during excursions free time is given to organise lunch individually.

Most wanted

Guest surveys indicate a high degree of satisfaction with these tours.

Basket Lunch

a packed meal is provided from the ship.

Good for shopping

specially dedicated to shopping lovers.

Cultural

dedicated to history, culture and local traditions lovers.

Disabled friendly

Excursions with the handicap sign are for guests with mobility difficulties however should be able to move around independently. Guests in wheelchair out on excursion need to be accompanied by a third party as assistance by the ship will not be provided. The majority of our agencies require that the wheelchairs be retractable because sometimes the necessary space needed for a wheelchair is not available. We kindly ask you to contact the Excursion Office as soon as possible, upon embarkation, to ensure that we find the best possible solution and to reserve the appropriate seat in the required bus before the departure of the excursions. For further information and for a solution that best fits your need please contact the Excursion Office.

Sports Lovers

for the adventurous, there are our most active shore excursions.

Recommended to families

includes activities that are appropriate for families travelling with children.

New

Brand -new Tour

Meal on board

back on board for lunch/dinner, your guide will be ready to continue the excursion at the end of it.



Meal Included

a meal will be provided on this excursion.

Refreshments included

Refreshments included.



Information Notes

PRACTICAL GUIDE TO EXCURSIONS

Booking excursions

You can book your excursions before departure at www.mycosta.it by registering and filling in the online form or, on board, by using the interactive TV system from the comfort of your own cabin or by visiting the Excursions Totem (services only available on board selected ships), or at any stage during your holiday by dropping off a completed Tour Order Form in the drop box located in the main hall of the ship. Excursions Office staff will be happy to offer you advice and assistance.

Number of participants

Some excursions require a minimum number of bookings and/or a maximum number of participants. These excursions are available on a first come first served basis, so it is advisable to book them well in advance.

Duration

The stated duration of excursions is subject to change without prior notice and can vary due to unforeseen circumstances, such as adverse weather conditions and/or transport delays. The order of certain visits may also be changed for the abovementioned reasons. You are therefore kindly asked to respect the times announced by the tour guides (stops for food, stops to take photographs, etc.).

Description

The descriptions of excursions are correct at time of publication of this document. In an effort to offer you the highest quality excursions program, in some cases the descriptions may vary slightly from the excursions themselves.

Guests with limited mobility

Please contact our onboard staff the day before your cruise. They will advise you and try to obtain the necessary equipment for your on-shore excursion.

Personalised programs

Private cars, limousines or exclusive visits can be arranged upon request on day of departure by contacting the Excursions Office.

Prices

The prices of excursions include transport available on site, which might include coach, limousine, taxi, funicular railways or boats. Meals and/or drinks are included only when specified in the itinerary of the excursion. Costa Cruises reserves the right to change the prices and itineraries of excursions without prior notice.

Children and kids

Children between the ages of 3 and 13 are entitled to a 30% discount for excursions on cruises in the Mediterranean and Northern Europe, 25% for cruises in South America and Transatlantic cruises from/to South America, and 10% for cruises to the Caribbean and Transatlantic cruises from/to the Caribbean.

There is no charge for children up to the age of 3 provided that parents carry them during transportation.

Squok Club

Children between the ages of 3 and 13 can have fun at the Squok Club while their parents enjoy their excursion. The service is free, but must be requested in advance.