

IONIAN SWIM & SAIL 2025

- Aboard the 21-cabin M/Y Harmony G
- Limited sailings June, July, August
- 8-day cruise, from / to Athens, Marina Zeas



AT A GLANCE



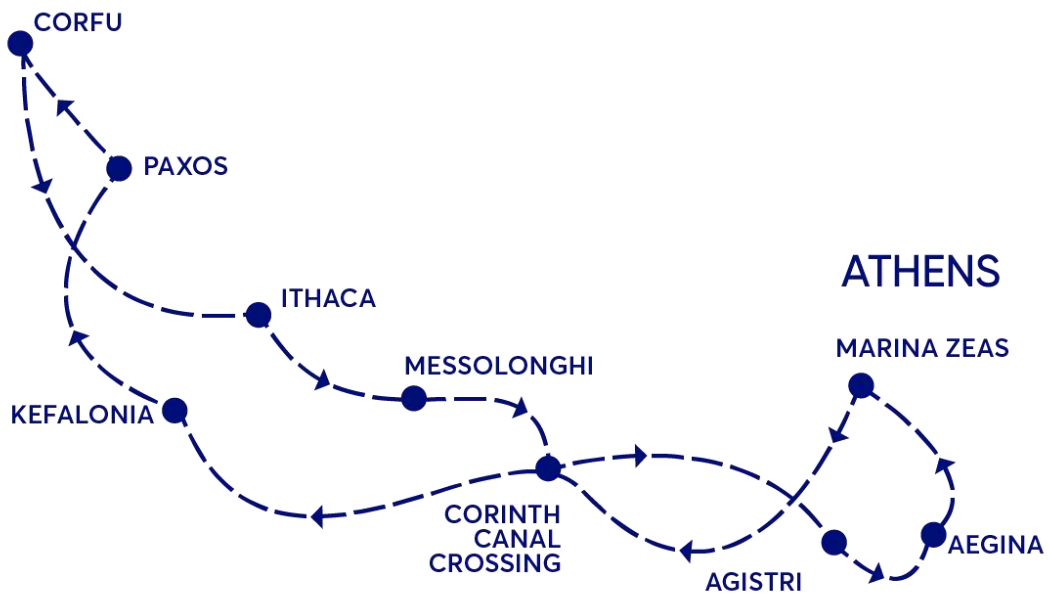
A 7day- cruise program from/to Athens to the Ionian Islands through the Canal of Corinth

“Experience one different world of the Greek islands with emerald landscapes, sparkling turquoise waters and colorful tranquil port towns”.

Highlights include:

Corinth Canal - Kefalonia - Paxoi - Ithaca - Corfu – Angistri – Aegina





DAY 1: MARINA ZEA –CORINTH CANAL CROSSING TO KEFALONIA

Embark in Marina Zea in Athens, between 2-3 pm (14:00-15:00hrs) Feel the excitement build as you receive a warm welcome with a refreshing drink, setting the tone for the maritime escapade ahead.

Familiarize yourself with your floating home, forge connections with fellow travelers and the friendly crew. The ship departs soon after embarkation, when our Captain's welcome and the safety drill demonstration is over.

As the sun paints the sky with hues of gold, indulge in a sumptuous Welcome Dinner on board. We are ready to navigate the legendary Corinth Canal and venture towards the enchanting destination of Kefalonia. Overnight at sea.

DAY 2: SAMI, KEFALONIA

Awaken to the gentle lull of the sea as we anchor at a secluded bay near Sami, for a refreshing morning swim-stop. Immerse yourself in the crystalline waters, surrounded by the natural beauty that defines Kefalonia.

Following lunch onboard, we make our way to Sami port, a captivating locale renowned as the main setting for the movie "Captain Corelli's Mandolin." Enjoy the afternoon at your leisure, exploring the surroundings of nearby Mellisani Cave or stroll around the serene Karavomilos Lake.

For those seeking further exploration, indulge in an optional excursion to uncover the island's hidden gems. Venture into the enchanting Drogarati cave, wander through the capital town of Argostoli, pay homage to the island's patron saint at the Monastery of Agios Gerasimos, and savor the flavors of renowned local wines at one of the island's prestigious wineries.

As the sun dips below the horizon, indulge in the freedom to choose your dining experience. Whether you opt for a charming local eatery or a seaside taverna, let the flavors of Kefalonia tantalize your taste buds. Overnight in Sami, Kefalonia.



DAY 3: ANTIPAXOS – PAXOS

Early morning sail towards these enchanting islands, celebrated for their natural splendor, crystalline waters, and verdant landscapes.

Our vessel arrives at Antipaxos, a gem nestled close to Paxos, renowned for its small size yet grandeur in stunning beaches and translucent turquoise waters. Immerse yourself in the beauty of a pristine beach, revel in a refreshing swim in the crystal-clear sea, and delight in an onboard BBQ.

In the afternoon, set sail for Gaios, the heart of Paxos and its main town and port. Gaios greets you with its picturesque charm and captivating allure. Wander through narrow lanes adorned with vibrant flowers, explore local boutiques, and absorb the island's unique atmosphere.

At sunset, Gaios transforms into a romantic haven. Enjoy the freedom of your evening, discovering the local cuisine at a charming taverna or experiencing the vibrant nightlife in Gaios. Whether you prefer a leisurely dinner under the stars or dancing the night away, Gaios caters to every whim.

Following midnight, we set sail towards Corfu.

DAY 4: CORFU

Your seafaring adventure reaches the enchanting island of Corfu, where history, architecture, and culture intertwine in a mesmerizing tapestry. As we dock near Corfu's cruise port, immerse yourself in the allure of the Old Town, a UNESCO World Heritage site. Corfu, or Kerkyra, beckons with its unique blend of influences from the Venetians, French, British, and Greeks.

Enjoy a full day at your leisure to explore both the town and the island. Delve into the layers of Corfu's past, from ancient influences to more recent cultural amalgamations. The island's diverse architecture, beautiful landscapes, and vibrant culture await your discovery.

For those seeking a deeper dive into Corfu's splendors, join our optional morning excursion to Kanoni area. Marvel at the breathtaking view of Mouse Island and the Vlacherna Monastery. Explore the Mon Repo Palace with its museum and lush green garden. A guided walk through the Old Town unveils the Liston Promenade and Spianada Square, offering a glimpse into Corfu's rich heritage.

Return to the ship for a Greek Night celebration on board. Immerse yourself in the lively spirit of Greek culture through music, dance, and culinary delights.





DAY 5: ITHACA - VATHI

Wake up to the tranquility of Meganisi, a small and picturesque island gracing the Ionian Sea, situated off the eastern coast of the larger island of Lefkada. The day unfolds on Meganisi, presenting you with the delightful dilemma of deciding whether to plunge into the refreshing sea or savor a leisurely breakfast on the deck. Our suggestion? Why not indulge in both, making the most of the idyllic surroundings.

After a delicious BBQ lunch on board, our ship gracefully navigates towards Vathi, the capital and main port of Ithaca. Renowned for its connection to Homer's epic poem, the Odyssey, Ithaca stands as the famed homeland of Odysseus. Vathi welcomes you with a picturesque panorama, featuring colorful houses adorning the waterfront, traditional tavernas, and charming shops that imbue the town with a serene atmosphere.

Take a leisurely stroll along the waterfront, where the echo of ancient tales mingles with the gentle lapping of the sea. Choose one of the typical tavernas that line the waterfront for an evening of culinary delights. Whether you opt for fresh seafood or traditional Greek fare, Vathi promises a feast for the senses. As the night descends, let the captivating charm of Vathi cradle you in its embrace. Whether you choose to savor a moonlit moment on deck or explore the town's evening ambiance, the overnight stay in Vathi extends an invitation to immerse yourself in the tranquility of legendary Ithaca.

DAY 6: ITHACA – MESSOLONGHI

As the sun rises, our vessel departs from the charming port of Ithaca, embarking on a morning journey to the historically significant town of Messolonghi. Our experienced captain promises a scenic route, making a delightful pitstop at a beautiful beach for another refreshing swim.

Have a tasty lunch onboard as we navigate through the Gulf of Patras. Let the sea breeze carry you towards Messolonghi, a town steeped in history, cultural heritage, and a poignant connection to the struggle for Greek independence.

Our first adventure in Messolonghi involves a walking tour into the lagoon, renowned for its biodiversity and a sanctuary for birdwatchers. Immerse yourself in the natural splendor as various migratory bird species make this habitat their own. Afterward, wander through the charming old town, where traditional architecture, narrow streets, and historic buildings reflect the town's diverse history under Ottoman and Venetian rule. Feel the echoes of different eras as you explore the winding streets, absorbing the essence of Messolonghi's rich past.

As evening descends, dine in one of the local tavernas. In the late evening we set sail toward the iconic Corinth Canal.





DAY 7: CORINTH CANAL – AGISTRI – AEGINA

As dawn graces the horizon, witness the awe-inspiring passage through the Corinth Canal, a testament to human ingenuity connecting the Saronic Gulf with the Aegean Sea. The morning unfolds with breathtaking views, marking the beginning of a day filled with exploration. Our maritime sojourn takes us to the small yet enchanting island of Agistri, known for its natural beauty and crystal-clear waters. Indulge in a final swim off the ship, savoring the embrace of the Saronic Gulf.

A healthy light lunch onboard sets the stage for our arrival at Aegina. Enjoy free time to explore the island and its charming town or opt for our optional excursion, unveiling the Monastery of Agios Nectarios, the ancient temple of Aphaia, and the picturesque Aegina town.

As the sun sets on the Saronic, relish a Captain's Farewell Dinner, a culinary celebration of the experiences shared and memories created throughout the cruise.

Our voyage concludes with an evening arrival at Marina Zeas. The twinkling lights of Athens greet you, providing a fitting backdrop to reminisce about the days spent exploring the wonders of the Ionian islands.

DAY 8: MARINA ZEAS

Your final day aboard our cruise begins with breakfast. At 8:30 AM, the time comes to bid farewell to your floating home. Disembarkation is not a goodbye but a "see you later." Farewell, for now, with the hope that we'll have the pleasure of welcoming you back on one of our cruises soon.



SAILING DATES

From Athens to Athens	June 27 July 04, 11, 18, 25 August 01, 08, 15, 22
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YOUR BOAT

M/Y HARMONY G

Mega Yacht

GENERAL INFORMATION

Length: 54 m

Launched: 2001 | Renovated: 2013

Cabins: 21

Capacity: 44 passengers

Crew: 16-18

The M/Y HARMONY G is a 54-meter/21-cabin elegant yacht that was launched in 2001 and renovated in 2012-2013. This sleek high-tech looking yacht complies with the most stringent SOLAS safety regulations.

Service on board is provided by your Captain, the Cruise Coordinator and your experienced Marine and Hotel crew members. Service will be attentive or unobtrusive according to your requirements and priority is always given to the safety and comfort of passengers.

Organized excursions are available for most ports of call and can be pre-booked or reserved 24 hours in advance.



YOUR BOAT



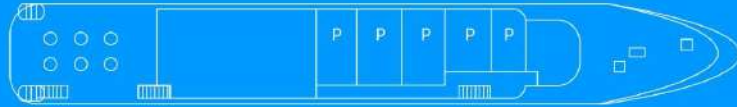
M/Y HARMONY G

Mega Yacht

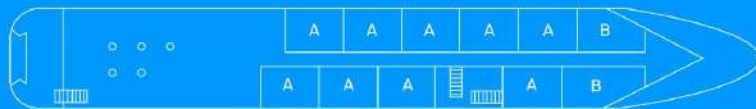
360°
SUN DECK



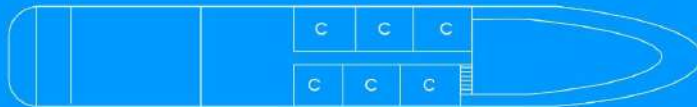
INFINITY
UPPER DECK



RIVIERA
MAIN DECK



OCEANS
LOWER DECK



The M/Y HARMONY G is a modern elegant yacht with a sleek high-tech look very similar to the private yachts to be found in the famous ports of the world.

YOUR BOAT



M/Y HARMONY G

Mega Yacht

CABIN SPECIFICATIONS

The 21 cabins of the M/Y HARMONY G are located on the Upper Deck (4 cabins), the Main Deck (11 cabins) and the Lower Deck (6 cabins). They are upscale, intimate and decorated with soft color furnishing. The cabins are equipped with twin or queen size beds, with two of the cabins being triples, and have large windows (two portholes on the Lower Deck). All cabins offer en suite bathrooms with shower, flat-screen TVs, CD/DVD players, music channels, mini fridges, hairdryers, individually controlled A/C and safe deposit boxes.

LIFE ON BOARD

During the day, life on board centers around the Bar Lounge and Dining Room at the Main Deck and meals are also served "al fresco" depending on the weather. The Captain will drop anchor at secluded bays and beautiful uninhabited islands where, weather permitting, guests enjoy swimming, snorkeling, and kayaking. The Mega Yacht accommodates all guests at one single seating and provide a high standard of cuisine, always with some local flavor.

Main deck lounge & dining room

The classy dining room is surrounded by large windows providing beautiful views of the ports of call. The spacious dining room seats all passengers in a single, unassigned seating and food is served at the table or displayed on the state of the art hot & cold buffet which.



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YOUR BOAT



M/Y HARMONY G

Mega Yacht

Upper deck lounge area & dining room

The interior lounge has relaxing couches and comfortable lounge chairs where you can have a drink and gaze out of the large windows at the breathtaking sceneries you are cruising into, read a book, watch television on the satellite TV or one of our documentaries on the next place you are visiting. Also located on the Upper Deck, the outdoor dining area provides beautiful views of the ports of call visited.

Sun deck

The vessel features a Sun Deck with a sitting area to relax and enjoy unobstructed views and with ample Sun loungers' space to bask under the sun, read a good book or just gaze at the scenery.



